



55<sup>TH</sup> ANNUAL SPORTS MEET

# Aayaaas-23



## SCHEDULE OF DAY 1: FEB 21, 2023

EVENT	TIME
SKATING (GIRLS & BOYS)	7:30 AM
100 M RACE (BOYS)	10:00 AM
DISCUSS THROW (GIRLS)	10:00 AM
200 M RACE (MALE FACULTY)	10:30 AM
VOLLEYBALL THROW (FEMALE FACULTY / WOMEN CELL)	10:30 AM
DISCUSS THROW (BOYS)	11:00 AM
100 M RACE (GIRLS)	11:00 AM
SHOT PUT (GIRLS)	11:30 AM
JAVELIN THROW (BOYS)	11:30 AM
200 M RACE FINAL (GIRLS)	12:00 PM
(LUNCH)	
LUNG JUMP (GIRLS)	1:30 PM
SHOT PUT (BOYS)	1:30 PM
TUG OF WAR (GIRLS)	1:40 PM
3 - LEGGED RACE 30 M (GIRLS & BOYS)	2:00 PM
HIGH JUMP (BOYS)	2:10 PM
JAVELIN THROW (GIRLS)	2:30 PM
200 M RACE (BOYS)	2:30 PM
4*100 M MIX RELAY	2:50 PM
VOLLEYBALL THROW ABOVE 45 YRS	2:50 PM
GROUP D 100 M RACE	3:10 PM
TUG OF WAR (BOYS)	3:10 PM
4*400 M RELAY (GIRLS)	3:30 PM
TRIPLE JUMP (BOYS)	3:30 PM
BALLOON GAME (FACULTY FEMALE)	3:50 PM

### COORDINATOR(S)

**SUDARSHAN SINGH VAIS**

SECRETARY (BOYS)

**SUBHANGI DUBEY**

SECRETARY (GIRLS)

**RISHABH RAI**

JOINT SECRETARY (BOYS)

**VRIDDHI KAPOOR**

JOINT SECRETARY (GIRLS)

**ROHAN TIWARI**

JOINT SECRETARY (BOYS)

**JANAVI YADAV**

JOINT SECRETARY (GIRLS)

## SCHEDULE OF DAY 2: FEB 22, 2023

EVENT	TIME
400 M (GIRLS)	7:00 AM
1600 M RACE (BOYS)	7:30 AM
800 M RACE (BOYS)	8:30 AM
TUG OF WAR FINAL (BOYS)	9:00 AM
60 M RACE FINAL (GIRLS)	9:20 AM
TUG OF WAR FINAL (GIRLS)	9:45 AM
4*400 M RELAY FINAL (BOYS)	10:10 AM
TUG OF WAR FINAL (MALE FACULTY)	10:30 AM
SHOT PUT THROW (MALE FACULTY)	10:50 AM
100 M RACE GROUP C MALE	10:50 AM
LONG JUMP (BOYS)	11:10 AM
4*100 M RELAY RACE (GIRLS)	11:10 AM
SLOW CYCLING 50 M (FEMALE FACULTY)	11:30 AM
SLOW CYCLING 50 M (MALE FACULTY)	12:00 PM
400 M RACE (MALE FACULTY)	12:15 PM
(LUNCH)	
100 M RACE FINAL (GIRLS)	1:30 PM
100 M RACE FINAL (BOYS)	1:50 PM
MUSICAL CHAIR (WOMEN CELL) & OTHER FACULTY EVENTS	2:10 PM
4*100 M RELAY FINAL (BOYS)	2:40 PM
PRIZE DISTRIBUTION CEREMONY	3:30 PM





59<sup>TH</sup> ANNUAL SPORTS MEET

# Aayaas-23



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DISCUSS THROW (GIRLS)	10:00 AM
200 M RACE (MALE FACULTY)	10:30 AM
VOLLEYBALL THROW	10:30 AM
(FEMALE FACULTY / WOMEN CELL)	
DISCUSS THROW (BOYS)	11:00 AM
100 M RACE (GIRLS)	11:00 AM
SHOT PUT (GIRLS)	11:30 AM
JAVELIN THROW (BOYS)	11:30 AM
200 M RACE FINAL (GIRLS)	12:00 PM
(LUNCH)	
LONG JUMP (GIRLS)	1:30 PM
SHOT PUT (BOYS)	1:30 PM
TUG OF WAR (GIRLS)	1:40 PM
3 - LEGGED RACE 30 M (GIRLS & BOYS)	2:00 PM
HIGH JUMP (BOYS)	2:10 PM
JAVELIN THROW (GIRLS)	2:30 PM
200 M RACE (BOYS)	2:30 PM
4*100 M MIX RELAY	2:50 PM
VOLLEYBALL THROW ABOVE 45 YRS	2:50 PM
GROUP D 100 M RACE	3:10 PM
TUG OF WAR (BOYS)	3:10 PM
4*400 M RELAY (GIRLS)	3:30 PM
TRIPLE JUMP (BOYS)	3:30 PM
BALLOON GAME (FACULTY FEMALE)	3:50 PM
400 M RACE FINAL (BOYS)	3:50 PM

### COORDINATOR(S)

**SUDARSHAN SINGH VAIS**

SECRETARY (BOYS)

**SUBHANGI DUBEY**

SECRETARY (GIRLS)

**RISHABH RAI**

JOINT SECRETARY (BOYS)

**VRIDDHI KAPOOR**

JOINT SECRETARY (GIRLS)

**ROHAN TIWARI**

JOINT SECRETARY (BOYS)

**JANAVI YADAV**

JOINT SECRETARY (GIRLS)

## SCHEDULE OF DAY 2: FEB 22, 2023

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1600 M RACE (BOYS)	7:30 AM
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TUG OF WAR FINAL (BOYS)	9:00 AM
60 M RACE FINAL (GIRLS)	9:20 AM
TUG OF WAR FINAL (GIRLS)	9:45 AM
4*400 M RELAY FINAL (BOYS)	10:10 AM
TUG OF WAR FINAL (MALE FACULTY)	10:30 AM
SHOT PUT THROW (MALE FACULTY)	10:50 AM
100 M RACE GROUP C MALE	10:50 AM
LONG JUMP (BOYS)	11:10 AM
4*100 M RELAY RACE (GIRLS)	11:10 AM
SLOW CYCLING 50 M (FEMALE FACULTY)	11:30 AM
SLOW CYCLING 50 M (MALE FACULTY)	12:00 PM
400 M RACE (MALE FACULTY)	12:15 PM
(LUNCH)	
100 M RACE FINAL (GIRLS)	1:30 PM
100 M RACE FINAL (BOYS)	1:50 PM
MUSICAL CHAIR (WOMEN CELL)	2:10 PM
& OTHER FACULTY EVENTS	
4*100 M RELAY FINAL (BOYS)	2:40 PM
PRIZE DISTRIBUTION CEREMONY	3:30 PM